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|------------|------------|-------|-------|--------------------------------|--------------------|------------|------|-------|
| 11.01.2020 | Samstag | | | | | | | 00:00 |
| 11.01.2020 | Samstag | | | | | | | 00:00 |
| 11.01.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 11.01.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 11.01.2020 | Samstag | | | | | | | 00:00 |
| 11.01.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 11.01.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 11.01.2020 | Samstag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 12.01.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 12.01.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 12.01.2020 | Sonntag | | | | | | | 00:00 |
| 13.01.2020 | Montag | | | Schulsport | | | | 00:00 |
| 13.01.2020 | Montag | | | | | | | 00:00 |
| 13.01.2020 | Montag | 13:30 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:30 |
| 13.01.2020 | Montag | 15:00 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | Tanzen | Schüler AG | K/J | 01:00 |
| 13.01.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J | 02:00 |
| 13.01.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 13.01.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 13.01.2020 | Montag | | | | | | | 00:00 |
| 14.01.2020 | Dienstag | | | Schulsport | | | | 00:00 |
| 14.01.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 14.01.2020 | Dienstag | | | | | | | 00:00 |
| 14.01.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 14.01.2020 | Dienstag | | | | | | | 00:00 |
| 14.01.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 14.01.2020 | Dienstag | | | | | | | 00:00 |
| 14.01.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Senioren-sport | Training | Erw. | 01:30 |
| 15.01.2020 | Mittwoch | 11:45 | 13:30 | Schulsport | | | | 01:45 |
| 15.01.2020 | Mittwoch | 9:30 | 10:30 | Graf-Recke-Stiftung | Ballspiele | Training | Erw. | 01:00 |
| 15.01.2020 | Mittwoch | | | | | | | 00:00 |
| 15.01.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 15.01.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 15.01.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 15.01.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 15.01.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 16.01.2020 | Donnerstag | 10:00 | 10:45 | Schulsport | | | | 00:45 |
| 16.01.2020 | Donnerstag | | | | | | | 00:00 |
| 16.01.2020 | Donnerstag | 9:00 | 9:45 | VHS Kaarst-K'broich | Kurs 192-56103 | Training | Erw. | 00:45 |
| 16.01.2020 | Donnerstag | | | | | | | 00:00 |
| 16.01.2020 | Donnerstag | | | | | | | 00:00 |
| 16.01.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 16.01.2020 | Donnerstag | 18:30 | 19:30 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 01:00 |
| 16.01.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 17.01.2020 | Freitag | | | Schulsport | | | | 00:00 |
| 17.01.2020 | Freitag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | Training | K/J | 01:30 |
| 17.01.2020 | Freitag | 14:00 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:00 |
| 17.01.2020 | Freitag | 15:00 | 16:30 | Koop. ALS & DJK | Floorball | Schüler AG | K/J | 01:30 |
| 17.01.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 17.01.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J | 01:30 |
| 17.01.2020 | Freitag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 17.01.2020 | Freitag | | | | | | | 00:00 |
| 18.01.2020 | Samstag | | | | | | | 00:00 |
| 18.01.2020 | Samstag | | | | | | | 00:00 |
| 18.01.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 18.01.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 18.01.2020 | Samstag | | | | | | | 00:00 |
| 18.01.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 18.01.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 18.01.2020 | Samstag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 19.01.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 19.01.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 19.01.2020 | Sonntag | | | | | | | 00:00 |
| 20.01.2020 | Montag | | | Schulsport | | | | 00:00 |
| 20.01.2020 | Montag | | | | | | | 00:00 |
| 20.01.2020 | Montag | 13:30 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:30 |
| 20.01.2020 | Montag | 15:00 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | Tanzen | Schüler AG | K/J | 01:00 |
| 20.01.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J | 02:00 |
| 20.01.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 20.01.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 20.01.2020 | Montag | | | | | | | 00:00 |
| 21.01.2020 | Dienstag | | | Schulsport | | | | 00:00 |
| 21.01.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 21.01.2020 | Dienstag | | | | | | | 00:00 |
| 21.01.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 21.01.2020 | Dienstag | | | | | | | 00:00 |
| 21.01.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 21.01.2020 | Dienstag | | | | | | | 00:00 |
| 21.01.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Senioren-sport | Training | Erw. | 01:30 |

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|------------|------------|-------|-------|--------------------------------|--------------------|------------|------|-------|
| 22.01.2020 | Mittwoch | 11:45 | 13:30 | Schulsport | | | | 01:45 |
| 22.01.2020 | Mittwoch | 9:30 | 10:30 | Graf-Recke-Stiftung | Ballspiele | Training | Erw. | 01:00 |
| 22.01.2020 | Mittwoch | | | | | | | 00:00 |
| 22.01.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 22.01.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 22.01.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 22.01.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 22.01.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 23.01.2020 | Donnerstag | 10:00 | 10:45 | Schulsport | | | | 00:45 |
| 23.01.2020 | Donnerstag | | | | | | | 00:00 |
| 23.01.2020 | Donnerstag | 9:00 | 9:45 | VHS Kaarst-Kbroich | Kurs 192-56103 | Training | Erw. | 00:45 |
| 23.01.2020 | Donnerstag | | | | | | | 00:00 |
| 23.01.2020 | Donnerstag | | | | | | | 00:00 |
| 23.01.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 23.01.2020 | Donnerstag | 18:30 | 19:30 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 01:00 |
| 23.01.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 24.01.2020 | Freitag | | | Schulsport | | | | 00:00 |
| 24.01.2020 | Freitag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | Training | K/J | 01:30 |
| 24.01.2020 | Freitag | 14:00 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:00 |
| 24.01.2020 | Freitag | 15:00 | 16:30 | Koop. ALS & DJK | Floorball | Schüler AG | K/J | 01:30 |
| 24.01.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 24.01.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J | 01:30 |
| 24.01.2020 | Freitag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 24.01.2020 | Freitag | | | | | | | 00:00 |
| 25.01.2020 | Samstag | | | | | | | 00:00 |
| 25.01.2020 | Samstag | | | | | | | 00:00 |
| 25.01.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 25.01.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 25.01.2020 | Samstag | | | | | | | 00:00 |
| 25.01.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 25.01.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 25.01.2020 | Samstag | | | | | | | 00:00 |
| 26.01.2020 | Sonntag | | | | | | | 00:00 |
| 26.01.2020 | Sonntag | | | | | | | 00:00 |
| 26.01.2020 | Sonntag | | | | | | | 00:00 |
| 26.01.2020 | Sonntag | | | | | | | 00:00 |
| 26.01.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 26.01.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 26.01.2020 | Sonntag | | | | | | | 00:00 |
| 27.01.2020 | Montag | | | Schulsport | | | | 00:00 |
| 27.01.2020 | Montag | | | | | | | 00:00 |
| 27.01.2020 | Montag | 13:30 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:30 |
| 27.01.2020 | Montag | 15:00 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | Tanzen | Schüler AG | K/J | 01:00 |
| 27.01.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J | 02:00 |
| 27.01.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 27.01.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 27.01.2020 | Montag | | | | | | | 00:00 |
| 28.01.2020 | Dienstag | | | Schulsport | | | | 00:00 |
| 28.01.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 28.01.2020 | Dienstag | | | | | | | 00:00 |
| 28.01.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 28.01.2020 | Dienstag | | | | | | | 00:00 |
| 28.01.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 28.01.2020 | Dienstag | | | | | | | 00:00 |
| 28.01.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Senioren-sport | Training | Erw. | 01:30 |
| 29.01.2020 | Mittwoch | 11:45 | 13:30 | Schulsport | | | | 01:45 |
| 29.01.2020 | Mittwoch | 9:30 | 10:30 | Graf-Recke-Stiftung | Ballspiele | Training | Erw. | 01:00 |
| 29.01.2020 | Mittwoch | | | | | | | 00:00 |
| 29.01.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 29.01.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 29.01.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 29.01.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 29.01.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herz-sport | Training | Erw. | 01:30 |
| 30.01.2020 | Donnerstag | 10:00 | 10:45 | Schulsport | | | | 00:45 |
| 30.01.2020 | Donnerstag | | | | | | | 00:00 |
| 30.01.2020 | Donnerstag | | | | | | | 00:00 |
| 30.01.2020 | Donnerstag | | | | | | | 00:00 |
| 30.01.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 30.01.2020 | Donnerstag | 18:30 | 19:30 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 01:00 |
| 30.01.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 31.01.2020 | Freitag | | | Schulsport | | | | 00:00 |
| 31.01.2020 | Freitag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | Training | K/J | 01:30 |
| 31.01.2020 | Freitag | 14:00 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:00 |
| 31.01.2020 | Freitag | 15:00 | 16:30 | Koop. ALS & DJK | Floorball | Schüler AG | K/J | 01:30 |
| 31.01.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 31.01.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J | 01:30 |
| 31.01.2020 | Freitag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 31.01.2020 | Freitag | | | | | | | 00:00 |

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|------------|------------|-------|-------|--------------------------------|--------------------|------------|------|-------|
| 22.02.2020 | Samstag | | | | | | | 00:00 |
| 22.02.2020 | Samstag | | | | | | | 00:00 |
| 22.02.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 22.02.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 22.02.2020 | Samstag | | | | | | | 00:00 |
| 22.02.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 22.02.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 22.02.2020 | Samstag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 23.02.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 23.02.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 23.02.2020 | Sonntag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 24.02.2020 | Montag | | | | | | | 00:00 |
| 25.02.2020 | Dienstag | | | | | | | 00:00 |
| 25.02.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 25.02.2020 | Dienstag | | | | | | | 00:00 |
| 25.02.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 25.02.2020 | Dienstag | | | | | | | 00:00 |
| 25.02.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 25.02.2020 | Dienstag | | | | | | | 00:00 |
| 25.02.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Seniorensport | Training | Erw. | 01:30 |
| 26.02.2020 | Mittwoch | 11:45 | 13:30 | | | | | 01:45 |
| 26.02.2020 | Mittwoch | 9:30 | 10:30 | Graf-Recke-Stiftung | Ballspiele | Training | Erw. | 01:00 |
| 26.02.2020 | Mittwoch | | | | | | | 00:00 |
| 26.02.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 26.02.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 26.02.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 26.02.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 26.02.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 27.02.2020 | Donnerstag | 10:00 | 10:45 | | | | | 00:45 |
| 27.02.2020 | Donnerstag | | | | | | | 00:00 |
| 27.02.2020 | Donnerstag | 9:00 | 9:45 | VHS Kaarst-K'broich | Kurs 56103 | Training | Erw. | 00:45 |
| 27.02.2020 | Donnerstag | | | | | | | 00:00 |
| 27.02.2020 | Donnerstag | | | | | | | 00:00 |
| 27.02.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 27.02.2020 | Donnerstag | 18:30 | 19:30 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 01:00 |
| 27.02.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 28.02.2020 | Freitag | | | | | | | 00:00 |
| 28.02.2020 | Freitag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | Training | K/J | 01:30 |
| 28.02.2020 | Freitag | 14:00 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:00 |
| 28.02.2020 | Freitag | 15:00 | 16:30 | Koop. ALS & DJK | Floorball | Schüler AG | K/J | 01:30 |
| 28.02.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 28.02.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J | 01:30 |
| 28.02.2020 | Freitag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 28.02.2020 | Freitag | | | | | | | 00:00 |
| 29.02.2020 | Samstag | | | | | | | 00:00 |
| 29.02.2020 | Samstag | | | | | | | 00:00 |
| 29.02.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 29.02.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 29.02.2020 | Samstag | | | | | | | 00:00 |
| 29.02.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 29.02.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 29.02.2020 | Samstag | | | | | | | 00:00 |
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| Datum | Wochentag | Uhrzeit | | Nutzer / Verein | Sportart | Nutzung | Gruppe | Std. |
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| | | von | bis | | | | | |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 01.03.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 01.03.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 01.03.2020 | Sonntag | | | | | | | 00:00 |
| 02.03.2020 | Montag | | | Schulsport | | | | 00:00 |
| 02.03.2020 | Montag | | | | | | | 00:00 |
| 02.03.2020 | Montag | 13:30 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:30 |
| 02.03.2020 | Montag | 15:00 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | Tanzen | Schüler AG | K/J | 01:00 |
| 02.03.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J | 02:00 |
| 02.03.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 02.03.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 02.03.2020 | Montag | | | | | | | 00:00 |
| 03.03.2020 | Dienstag | | | Schulsport | | | | 00:00 |
| 03.03.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 03.03.2020 | Dienstag | | | | | | | 00:00 |
| 03.03.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 03.03.2020 | Dienstag | | | | | | | 00:00 |
| 03.03.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 03.03.2020 | Dienstag | | | | | | | 00:00 |
| 03.03.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Senioren-sport | Training | Erw. | 01:30 |
| 04.03.2020 | Mittwoch | 11:45 | 13:30 | Schulsport | | | | 01:45 |
| 04.03.2020 | Mittwoch | 9:30 | 10:30 | Graf-Recke-Stiftung | Ballspiele | Training | Erw. | 01:00 |
| 04.03.2020 | Mittwoch | | | | | | | 00:00 |
| 04.03.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 04.03.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 04.03.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 04.03.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 04.03.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 05.03.2020 | Donnerstag | 10:00 | 10:45 | Schulsport | | | | 00:45 |
| 05.03.2020 | Donnerstag | | | | | | | 00:00 |
| 05.03.2020 | Donnerstag | 9:00 | 9:45 | VHS Kaarst-K'broich | Kurs 56103 | Training | Erw. | 00:45 |
| 05.03.2020 | Donnerstag | | | | | | | 00:00 |
| 05.03.2020 | Donnerstag | | | | | | | 00:00 |
| 05.03.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 05.03.2020 | Donnerstag | 18:30 | 19:30 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 01:00 |
| 05.03.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 06.03.2020 | Freitag | | | Schulsport | | | | 00:00 |
| 06.03.2020 | Freitag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | Training | K/J | 01:30 |
| 06.03.2020 | Freitag | 14:00 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:00 |
| 06.03.2020 | Freitag | 15:00 | 16:30 | Koop. ALS & DJK | Floorball | Schüler AG | K/J | 01:30 |
| 06.03.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 06.03.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J | 01:30 |
| 06.03.2020 | Freitag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 06.03.2020 | Freitag | | | | | | | 00:00 |
| 07.03.2020 | Samstag | | | | | | | 00:00 |
| 07.03.2020 | Samstag | | | | | | | 00:00 |
| 07.03.2020 | Samstag | 10:00 | 11:30 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 07.03.2020 | Samstag | 11:30 | 13:00 | DJK Holzbüttgen | Judo | Training | K/J | 01:30 |
| 07.03.2020 | Samstag | | | | | | | 00:00 |
| 07.03.2020 | Samstag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 07.03.2020 | Samstag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 07.03.2020 | Samstag | | | | | | | 00:00 |
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| 08.03.2020 | Sonntag | 14:00 | 17:00 | UTA Kaarst | Volleyball | Training | K/J | 03:00 |
| 08.03.2020 | Sonntag | 17:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 05:00 |
| 08.03.2020 | Sonntag | | | | | | | 00:00 |
| 09.03.2020 | Montag | | | Schulsport | | | | 00:00 |
| 09.03.2020 | Montag | | | | | | | 00:00 |
| 09.03.2020 | Montag | 13:30 | 15:00 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 01:30 |
| 09.03.2020 | Montag | 15:00 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | Tanzen | Schüler AG | K/J | 01:00 |
| 09.03.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J | 02:00 |
| 09.03.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 09.03.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 09.03.2020 | Montag | | | | | | | 00:00 |
| 10.03.2020 | Dienstag | | | Schulsport | | | | 00:00 |
| 10.03.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 10.03.2020 | Dienstag | | | | | | | 00:00 |
| 10.03.2020 | Dienstag | 14:00 | 14:45 | Ev. Verein für Jug.-/Fam.hilfe | Fußball | Schüler AG | K/J | 00:45 |
| 10.03.2020 | Dienstag | | | | | | | 00:00 |
| 10.03.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 10.03.2020 | Dienstag | | | | | | | 00:00 |
| 10.03.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Senioren-sport | Training | Erw. | 01:30 |

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| 22.03.2020 | Sonntag | | | | | | 00:00 |
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| 11.04.2020 | Samstag | | Osterferien | 00:00 |
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| 15.04.2020 | Mittwoch | | Osterferien | 00:00 |
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| 16.05.2020 | Samstag | | | | | | | 00:00 |
| 16.05.2020 | Samstag | Halle geschlossen | | | | | | 00:00 |
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| 19.05.2020 | Dienstag | | | | | | | 00:00 |
| 19.05.2020 | Dienstag | | | | | | | 00:00 |
| 19.05.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 19.05.2020 | Dienstag | | | | | | | 00:00 |
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| 20.05.2020 | Mittwoch | 15:30 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 03:30 |
| 20.05.2020 | Mittwoch | | | | | | | 00:00 |
| 20.05.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 20.05.2020 | Mittwoch | | | | | | | 00:00 |
| 21.05.2020 | Donnerstag | Christi Himmelfahrt | | | | | | 00:00 |
| 21.05.2020 | Donnerstag | Halle geschlossen | | | | | | 00:00 |
| 21.05.2020 | Donnerstag | | | | | | | 00:00 |
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| 22.05.2020 | Freitag | | | Schulsport | | | | 00:00 |
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| 25.05.2020 | Montag | | | | | | 00:00 | |
| 25.05.2020 | Montag | 18:00 | 20:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | |
| 25.05.2020 | Montag | | | | | | 02:00 | |
| 25.05.2020 | Montag | | | | | | 00:00 | |
| 25.05.2020 | Montag | | | | | | 00:00 | |
| 26.05.2020 | Dienstag | | | | | | 00:00 | |
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| 26.05.2020 | Dienstag | 9:30 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | |
| 26.05.2020 | Dienstag | | | | | | 01:30 | |
| 26.05.2020 | Dienstag | | | | | | 00:00 | |
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| 27.05.2020 | Mittwoch | 15:30 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | |
| 27.05.2020 | Mittwoch | | | | | | 03:30 | |
| 27.05.2020 | Mittwoch | | | | | | 00:00 | |
| 27.05.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | |
| 27.05.2020 | Mittwoch | | | | | | 01:30 | |
| 27.05.2020 | Mittwoch | | | | | | 00:00 | |
| 28.05.2020 | Donnerstag | | | | | | 00:00 | |
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| 28.05.2020 | Donnerstag | | | | | | 00:00 | |
| 28.05.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | |
| 28.05.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | |
| 28.05.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | |
| 28.05.2020 | Donnerstag | | | | | | 02:00 | |
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| 31.05.2020 | Sonntag | | | | | | 00:00 | |
| 31.05.2020 | Sonntag | | | Pfingsten | | | | 00:00 |
| 31.05.2020 | Sonntag | | | Halle geschlossen | | | | 00:00 |
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| 22.06.2020 | Montag | | | | | | | | 00:00 |
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| 22.06.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | | 01:30 |
| 22.06.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | | 02:00 |
| 22.06.2020 | Montag | | | | | | | | 00:00 |
| 23.06.2020 | Dienstag | | | | | | | | 00:00 |
| 23.06.2020 | Dienstag | | | | | | | | 00:00 |
| 23.06.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 02:00 |
| 23.06.2020 | Dienstag | | | | | | | | 00:00 |
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| 23.06.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:30 |
| 23.06.2020 | Dienstag | | | | | | | | 00:00 |
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| 24.06.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | | 01:00 |
| 24.06.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:00 |
| 24.06.2020 | Mittwoch | | | | | | | | 00:00 |
| 24.06.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | | 01:30 |
| 25.06.2020 | Donnerstag | | | | | | | | 00:00 |
| 25.06.2020 | Donnerstag | | | | | | | | 00:00 |
| 25.06.2020 | Donnerstag | | | | | | | | 00:00 |
| 25.06.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | | 02:00 |
| 25.06.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | | 02:00 |
| 25.06.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | | 02:00 |
| 25.06.2020 | Donnerstag | | | | | | | | 00:00 |
| 26.06.2020 | Freitag | | | | | | | | 00:00 |
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| 26.06.2020 | Freitag | | | | | | | | 00:00 |
| 26.06.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | | 01:30 |
| 26.06.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | | 01:30 |
| 26.06.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | | 04:00 |
| 26.06.2020 | Freitag | | | | | | | | 00:00 |
| 27.06.2020 | Samstag | | | Sommerferien | | | | | 00:00 |
| 27.06.2020 | Samstag | | | Halle geschlossen | | | | | 00:00 |
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| 29.06.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | | 01:30 |
| 29.06.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | | 02:00 |
| 29.06.2020 | Montag | | | | | | | | 00:00 |
| 30.06.2020 | Dienstag | | | Sommerferien | | | | | 00:00 |
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| 30.06.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 02:00 |
| 30.06.2020 | Dienstag | | | | | | | | 00:00 |
| 30.06.2020 | Dienstag | | | | | | | | 00:00 |
| 30.06.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | | 01:30 |
| 30.06.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:30 |
| 30.06.2020 | Dienstag | | | | | | | | 00:00 |
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| Datum | Wochentag | Uhrzeit | | Nutzer / Verein | Sportart | Nutzung | Gruppe | Std. |
|-------------------|-------------------|---------|-------|--------------------------|--------------------|----------|--------|-------|
| | | von | bis | | | | | |
| 01.07.2020 | Mittwoch | | | Sommerferien | | | | 00:00 |
| 01.07.2020 | Mittwoch | | | | | | | 00:00 |
| 01.07.2020 | Mittwoch | | | | | | | 00:00 |
| 01.07.2020 | Mittwoch | | | | | | | 00:00 |
| 01.07.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 01.07.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 01.07.2020 | Mittwoch | | | | | | | 00:00 |
| 01.07.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 02.07.2020 | Donnerstag | | | Sommerferien | | | | 00:00 |
| 02.07.2020 | Donnerstag | | | | | | | 00:00 |
| 02.07.2020 | Donnerstag | | | | | | | 00:00 |
| 02.07.2020 | Donnerstag | | | | | | | 00:00 |
| 02.07.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 02.07.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 02.07.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 02.07.2020 | Donnerstag | | | | | | | 00:00 |
| 03.07.2020 | Freitag | | | Sommerferien | | | | 00:00 |
| 03.07.2020 | Freitag | | | | | | | 00:00 |
| 03.07.2020 | Freitag | | | | | | | 00:00 |
| 03.07.2020 | Freitag | | | | | | | 00:00 |
| 03.07.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 03.07.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 03.07.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
| 03.07.2020 | Freitag | | | | | | | 00:00 |
| 04.07.2020 | Samstag | | | Sommerferien | | | | 00:00 |
| 04.07.2020 | Samstag | | | Halle geschlossen | | | | 00:00 |
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| 06.07.2020 | Montag | | | | | | | 00:00 |
| 06.07.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 06.07.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 06.07.2020 | Montag | | | | | | | 00:00 |
| 07.07.2020 | Dienstag | | | Sommerferien | | | | 00:00 |
| 07.07.2020 | Dienstag | | | | | | | 00:00 |
| 07.07.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 07.07.2020 | Dienstag | | | | | | | 00:00 |
| 07.07.2020 | Dienstag | | | | | | | 00:00 |
| 07.07.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 07.07.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 07.07.2020 | Dienstag | | | | | | | 00:00 |
| 08.07.2020 | Mittwoch | | | Sommerferien | | | | 00:00 |
| 08.07.2020 | Mittwoch | | | | | | | 00:00 |
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| 08.07.2020 | Mittwoch | | | | | | | 00:00 |
| 08.07.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 08.07.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 08.07.2020 | Mittwoch | | | | | | | 00:00 |
| 08.07.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 09.07.2020 | Donnerstag | | | Sommerferien | | | | 00:00 |
| 09.07.2020 | Donnerstag | | | | | | | 00:00 |
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| 09.07.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 09.07.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 09.07.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 09.07.2020 | Donnerstag | | | | | | | 00:00 |
| 10.07.2020 | Freitag | | | Sommerferien | | | | 00:00 |
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| 10.07.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 10.07.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 10.07.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
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| 11.07.2020 | Samstag | | | Sommerferien | | | | 00:00 |
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| 13.07.2020 | Montag | | | | | | 00:00 | |
| 13.07.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 13.07.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 13.07.2020 | Montag | | | | | | | 00:00 |
| 14.07.2020 | Dienstag | | | Sommerferien | | | | 00:00 |
| 14.07.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 14.07.2020 | Dienstag | | | | | | | 00:00 |
| 14.07.2020 | Dienstag | | | | | | | 00:00 |
| 14.07.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 14.07.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 14.07.2020 | Dienstag | | | | | | | 00:00 |
| 15.07.2020 | Mittwoch | | | Sommerferien | | | | 00:00 |
| 15.07.2020 | Mittwoch | | | | | | | 00:00 |
| 15.07.2020 | Mittwoch | | | | | | | 00:00 |
| 15.07.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 15.07.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 15.07.2020 | Mittwoch | | | | | | | 00:00 |
| 15.07.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 16.07.2020 | Donnerstag | | | Sommerferien | | | | 00:00 |
| 16.07.2020 | Donnerstag | | | | | | | 00:00 |
| 16.07.2020 | Donnerstag | | | | | | | 00:00 |
| 16.07.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 16.07.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 16.07.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 16.07.2020 | Donnerstag | | | | | | | 00:00 |
| 17.07.2020 | Freitag | | | Sommerferien | | | | 00:00 |
| 17.07.2020 | Freitag | | | | | | | 00:00 |
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| 17.07.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 17.07.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 17.07.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
| 17.07.2020 | Freitag | | | | | | | 00:00 |
| 18.07.2020 | Samstag | | | Sommerferien | | | | 00:00 |
| 18.07.2020 | Samstag | Halle geschlossen | | | | | | 00:00 |
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| 20.07.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 20.07.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 20.07.2020 | Montag | | | | | | | 00:00 |
| 21.07.2020 | Dienstag | | | Sommerferien | | | | 00:00 |
| 21.07.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 21.07.2020 | Dienstag | | | | | | | 00:00 |
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| 21.07.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 21.07.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
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| 22.07.2020 | Mittwoch | | | Sommerferien | | | | 00:00 |
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| 22.07.2020 | Mittwoch | | | | | | 00:00 | |
| 22.07.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. 01:00 | |
| 22.07.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 01:00 | |
| 22.07.2020 | Mittwoch | | | | | | 00:00 | |
| 22.07.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. 01:30 | |
| 23.07.2020 | Donnerstag | | | Sommerferien | | | | 00:00 |
| 23.07.2020 | Donnerstag | | | | | | 00:00 | |
| 23.07.2020 | Donnerstag | | | | | | 00:00 | |
| 23.07.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. 02:00 | |
| 23.07.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. 02:00 | |
| 23.07.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. 02:00 | |
| 23.07.2020 | Donnerstag | | | | | | 00:00 | |
| 24.07.2020 | Freitag | | | Sommerferien | | | | 00:00 |
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| 24.07.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 24.07.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 24.07.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. 04:00 | |
| 24.07.2020 | Freitag | | | | | | 00:00 | |
| 25.07.2020 | Samstag | | | Sommerferien | | | | 00:00 |
| 25.07.2020 | Samstag | | | Halle geschlossen | | | | 00:00 |
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| 26.07.2020 | Sonntag | | | Sommerferien | | | | 00:00 |
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| 27.07.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. 01:30 | |
| 27.07.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. 02:00 | |
| 27.07.2020 | Montag | | | | | | 00:00 | |
| 28.07.2020 | Dienstag | | | Sommerferien | | | | 00:00 |
| 28.07.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 02:00 | |
| 28.07.2020 | Dienstag | | | | | | 00:00 | |
| 28.07.2020 | Dienstag | | | | | | 00:00 | |
| 28.07.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J 01:30 | |
| 28.07.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 01:30 | |
| 28.07.2020 | Dienstag | | | | | | 00:00 | |
| 29.07.2020 | Mittwoch | | | Sommerferien | | | | 00:00 |
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| 29.07.2020 | Mittwoch | | | | | | 00:00 | |
| 29.07.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. 01:00 | |
| 29.07.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 01:00 | |
| 29.07.2020 | Mittwoch | | | | | | 00:00 | |
| 29.07.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. 01:30 | |
| 30.07.2020 | Donnerstag | | | Sommerferien | | | | 00:00 |
| 30.07.2020 | Donnerstag | | | | | | 00:00 | |
| 30.07.2020 | Donnerstag | | | | | | 00:00 | |
| 30.07.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. 02:00 | |
| 30.07.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. 02:00 | |
| 30.07.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. 02:00 | |
| 30.07.2020 | Donnerstag | | | | | | 00:00 | |
| 31.07.2020 | Freitag | | | Sommerferien | | | | 00:00 |
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| 31.07.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 31.07.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 31.07.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. 04:00 | |
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| 11.08.2020 | Dienstag | | | Sommerferien | | | | 00:00 |
| 11.08.2020 | Dienstag | Halle geschlossen | | | | | | 00:00 |
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| 12.08.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 12.08.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 12.08.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 12.08.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 12.08.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 13.08.2020 | Donnerstag | | | | | | | 00:00 |
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| 13.08.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 |
| 13.08.2020 | Donnerstag | | | | | | | 00:00 |
| 13.08.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 13.08.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 13.08.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 14.08.2020 | Freitag | | | | | | | 00:00 |
| 14.08.2020 | Freitag | | | | | | | 00:00 |
| 14.08.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 |
| 14.08.2020 | Freitag | | | | | | | 00:00 |
| 14.08.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 14.08.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 14.08.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
| 14.08.2020 | Freitag | | | | | | | 00:00 |
| 15.08.2020 | Samstag | | | | | | | 00:00 |
| 15.08.2020 | Samstag | Halle geschlossen | | | | | | 00:00 |
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| 17.08.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 17.08.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 17.08.2020 | Montag | | | | | | | 00:00 |
| 18.08.2020 | Dienstag | | | | | | | 00:00 |
| 18.08.2020 | Dienstag | | | | | | | 00:00 |
| 18.08.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 18.08.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 |
| 18.08.2020 | Dienstag | | | | | | | 00:00 |
| 18.08.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 18.08.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 18.08.2020 | Dienstag | | | | | | | 00:00 |
| 19.08.2020 | Mittwoch | | | | | | | 00:00 |
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| 19.08.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 19.08.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 19.08.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 19.08.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 19.08.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 20.08.2020 | Donnerstag | | | | | | | 00:00 |
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| 20.08.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 |
| 20.08.2020 | Donnerstag | | | | | | | 00:00 |
| 20.08.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 20.08.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 20.08.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 21.08.2020 | Freitag | | | | | | | 00:00 |
| 21.08.2020 | Freitag | | | | | | | 00:00 |
| 21.08.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 |
| 21.08.2020 | Freitag | | | | | | | 00:00 |
| 21.08.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 21.08.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 21.08.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
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| 22.08.2020 | Samstag | | | | | | | 00:00 |
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| 24.08.2020 | Montag | | | | | | | 00:00 |
| 24.08.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 24.08.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 24.08.2020 | Montag | | | | | | | 00:00 |
| 25.08.2020 | Dienstag | | | | | | | 00:00 |
| 25.08.2020 | Dienstag | | | | | | | 00:00 |
| 25.08.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 25.08.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 |
| 25.08.2020 | Dienstag | | | | | | | 00:00 |
| 25.08.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 25.08.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 25.08.2020 | Dienstag | | | | | | | 00:00 |
| 26.08.2020 | Mittwoch | | | | | | | 00:00 |
| 26.08.2020 | Mittwoch | | | | | | | 00:00 |
| 26.08.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 26.08.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 |
| 26.08.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 26.08.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 26.08.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 27.08.2020 | Donnerstag | | | | | | | 00:00 |
| 27.08.2020 | Donnerstag | | | | | | | 00:00 |
| 27.08.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 |
| 27.08.2020 | Donnerstag | | | | | | | 00:00 |
| 27.08.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 27.08.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 27.08.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 28.08.2020 | Freitag | | | | | | | 00:00 |
| 28.08.2020 | Freitag | | | | | | | 00:00 |
| 28.08.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 |
| 28.08.2020 | Freitag | | | | | | | 00:00 |
| 28.08.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 28.08.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 28.08.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
| 28.08.2020 | Freitag | | | | | | | 00:00 |
| 29.08.2020 | Samstag | | | | | | | 00:00 |
| 29.08.2020 | Samstag | Halle geschlossen | | | | | | 00:00 |
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| 31.08.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 31.08.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 31.08.2020 | Montag | | | | | | | 00:00 |

| Datum | Wochentag | Uhrzeit | | Nutzer / Verein | Sportart | Nutzung | Gruppe | Std. | |
|-------------------|-------------------|-------------------|-------|-----------------------------|--------------------|------------|--------|-------|-------|
| | | von | bis | | | | | | |
| 01.09.2020 | Dienstag | | | | | | | 00:00 | |
| 01.09.2020 | Dienstag | | | | | | | 00:00 | |
| 01.09.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 | |
| 01.09.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 | |
| 01.09.2020 | Dienstag | | | | | | | 00:00 | |
| 01.09.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 | |
| 01.09.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 | |
| 01.09.2020 | Dienstag | | | | | | | 00:00 | |
| 02.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 02.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 02.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 02.09.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 | |
| 02.09.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 | |
| 02.09.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 | |
| 02.09.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 | |
| 02.09.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 | |
| 03.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 03.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 03.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 03.09.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 | |
| 03.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 03.09.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 | |
| 03.09.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 | |
| 03.09.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 | |
| 04.09.2020 | Freitag | | | | | | | 00:00 | |
| 04.09.2020 | Freitag | | | | | | | 00:00 | |
| 04.09.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 | |
| 04.09.2020 | Freitag | | | | | | | 00:00 | |
| 04.09.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 04.09.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 04.09.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 | |
| 04.09.2020 | Freitag | | | | | | | 00:00 | |
| 05.09.2020 | Samstag | | | | | | | 00:00 | |
| 05.09.2020 | Samstag | Halle geschlossen | | | | | | | 00:00 |
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| 06.09.2020 | Sonntag | | | | | | | 00:00 | |
| 06.09.2020 | Sonntag | Halle geschlossen | | | | | | | 00:00 |
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| 07.09.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 | |
| 07.09.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 | |
| 07.09.2020 | Montag | | | | | | | 00:00 | |
| 08.09.2020 | Dienstag | | | | | | | 00:00 | |
| 08.09.2020 | Dienstag | | | | | | | 00:00 | |
| 08.09.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 | |
| 08.09.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 | |
| 08.09.2020 | Dienstag | | | | | | | 00:00 | |
| 08.09.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 | |
| 08.09.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 | |
| 08.09.2020 | Dienstag | | | | | | | 00:00 | |
| 09.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 09.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 09.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 09.09.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 | |
| 09.09.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 | |
| 09.09.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 | |
| 09.09.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 | |
| 09.09.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 | |
| 10.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 10.09.2020 | Donnerstag | | | | | | | 00:00 | |
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| 10.09.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 | |
| 10.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 10.09.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 | |
| 10.09.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 | |
| 10.09.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 | |

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| 11.09.2020 | Freitag | | | | | | | 00:00 | |
| 11.09.2020 | Freitag | | | | | | | 00:00 | |
| 11.09.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 | |
| 11.09.2020 | Freitag | | | | | | | 00:00 | |
| 11.09.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 11.09.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 11.09.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 | |
| 11.09.2020 | Freitag | | | | | | | 00:00 | |
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| 12.09.2020 | Samstag | | | Halle geschlossen | | | | | 00:00 |
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| 14.09.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 | |
| 14.09.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 | |
| 14.09.2020 | Montag | | | | | | | 00:00 | |
| 15.09.2020 | Dienstag | | | | | | | 00:00 | |
| 15.09.2020 | Dienstag | | | | | | | 00:00 | |
| 15.09.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 | |
| 15.09.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 | |
| 15.09.2020 | Dienstag | | | | | | | 00:00 | |
| 15.09.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 | |
| 15.09.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 | |
| 15.09.2020 | Dienstag | | | | | | | 00:00 | |
| 16.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 16.09.2020 | Mittwoch | | | | | | | 00:00 | |
| 16.09.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 | |
| 16.09.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | 01:00 | |
| 16.09.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 | |
| 16.09.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 | |
| 16.09.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 | |
| 17.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 17.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 17.09.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J | 01:30 | |
| 17.09.2020 | Donnerstag | | | | | | | 00:00 | |
| 17.09.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 | |
| 17.09.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 | |
| 17.09.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 | |
| 18.09.2020 | Freitag | | | | | | | 00:00 | |
| 18.09.2020 | Freitag | | | | | | | 00:00 | |
| 18.09.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 | |
| 18.09.2020 | Freitag | | | | | | | 00:00 | |
| 18.09.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 18.09.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 | |
| 18.09.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 | |
| 18.09.2020 | Freitag | | | | | | | 00:00 | |
| 19.09.2020 | Samstag | | | | | | | 00:00 | |
| 19.09.2020 | Samstag | | | Halle geschlossen | | | | | 00:00 |
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| 19.09.2020 | Samstag | | | | | | | 00:00 | |
| 20.09.2020 | Sonntag | | | | | | | 00:00 | |
| 20.09.2020 | Sonntag | | | Halle geschlossen | | | | | 00:00 |
| 20.09.2020 | Sonntag | | | | | | | 00:00 | |
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| 21.09.2020 | Montag | | | | | | | 00:00 | |
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| 21.09.2020 | Montag | | | | | | | 00:00 | |
| 21.09.2020 | Montag | | | | | | | 00:00 | |
| 21.09.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 | |
| 21.09.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 | |
| 21.09.2020 | Montag | | | | | | | 00:00 | |

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| 22.09.2020 | Dienstag | | | | | | | 00:00 |
| 22.09.2020 | Dienstag | | | | | | | 00:00 |
| 22.09.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 22.09.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 |
| 22.09.2020 | Dienstag | | | | | | | 00:00 |
| 22.09.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 22.09.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 22.09.2020 | Dienstag | | | | | | | 00:00 |
| 23.09.2020 | Mittwoch | | | | | | | 00:00 |
| 23.09.2020 | Mittwoch | | | | | | | 00:00 |
| 23.09.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 23.09.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Turnen | Training | Gem. | 01:00 |
| 23.09.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 23.09.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 23.09.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
| 24.09.2020 | Donnerstag | | | | | | | 00:00 |
| 24.09.2020 | Donnerstag | | | | | | | 00:00 |
| 24.09.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Turnen | | K/J | 01:30 |
| 24.09.2020 | Donnerstag | | | | | | | 00:00 |
| 24.09.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | 02:00 |
| 24.09.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | 02:00 |
| 24.09.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | 02:00 |
| 25.09.2020 | Freitag | | | | | | | 00:00 |
| 25.09.2020 | Freitag | | | | | | | 00:00 |
| 25.09.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J | 02:00 |
| 25.09.2020 | Freitag | | | | | | | 00:00 |
| 25.09.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 25.09.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | 01:30 |
| 25.09.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | 04:00 |
| 25.09.2020 | Freitag | | | | | | | 00:00 |
| 26.09.2020 | Samstag | | | | | | | 00:00 |
| 26.09.2020 | Samstag | | | Halle geschlossen | | | | 00:00 |
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| 28.09.2020 | Montag | | | | | | | 00:00 |
| 28.09.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | 01:30 |
| 28.09.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | 02:00 |
| 28.09.2020 | Montag | | | | | | | 00:00 |
| 29.09.2020 | Dienstag | | | | | | | 00:00 |
| 29.09.2020 | Dienstag | | | | | | | 00:00 |
| 29.09.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 02:00 |
| 29.09.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J | 02:00 |
| 29.09.2020 | Dienstag | | | | | | | 00:00 |
| 29.09.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | 01:30 |
| 29.09.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:30 |
| 29.09.2020 | Dienstag | | | | | | | 00:00 |
| 30.09.2020 | Mittwoch | | | | | | | 00:00 |
| 30.09.2020 | Mittwoch | | | | | | | 00:00 |
| 30.09.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | 02:30 |
| 30.09.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Turnen | Training | Gem. | 01:00 |
| 30.09.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | 01:00 |
| 30.09.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | 01:00 |
| 30.09.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | 01:30 |
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| 11.10.2020 | Sonntag | | | Herbstferien | | | | | 00:00 |
| 11.10.2020 | Sonntag | | | Halle geschlossen | | | | | 00:00 |
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| 12.10.2020 | Montag | | | | | | | | 00:00 |
| 12.10.2020 | Montag | 8:00 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J | | 08:30 |
| 12.10.2020 | Montag | | | | | | | | 00:00 |
| 12.10.2020 | Montag | | | | | | | | 00:00 |
| 12.10.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | | 01:30 |
| 12.10.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | | 02:00 |
| 12.10.2020 | Montag | | | | | | | | 00:00 |
| 13.10.2020 | Dienstag | | | Herbstferien | | | | | 00:00 |
| 13.10.2020 | Dienstag | | | | | | | | 00:00 |
| 13.10.2020 | Dienstag | 8:00 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J | | 08:30 |
| 13.10.2020 | Dienstag | | | | | | | | 00:00 |
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| 13.10.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | | 01:30 |
| 13.10.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:30 |
| 13.10.2020 | Dienstag | | | | | | | | 00:00 |
| 14.10.2020 | Mittwoch | | | Herbstferien | | | | | 00:00 |
| 14.10.2020 | Mittwoch | | | | | | | | 00:00 |
| 14.10.2020 | Mittwoch | 8:00 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J | | 08:30 |
| 14.10.2020 | Mittwoch | | | | | | | | 00:00 |
| 14.10.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | | 01:00 |
| 14.10.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:00 |
| 14.10.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | | 01:00 |
| 14.10.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | | 01:30 |
| 15.10.2020 | Donnerstag | | | Herbstferien | | | | | 00:00 |
| 15.10.2020 | Donnerstag | | | | | | | | 00:00 |
| 15.10.2020 | Donnerstag | 8:00 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J | | 08:30 |
| 15.10.2020 | Donnerstag | | | | | | | | 00:00 |
| 15.10.2020 | Donnerstag | 16:45 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. | | 01:15 |
| 15.10.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. | | 02:00 |
| 15.10.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. | | 02:00 |
| 15.10.2020 | Donnerstag | | | | | | | | 00:00 |
| 16.10.2020 | Freitag | | | Herbstferien | | | | | 00:00 |
| 16.10.2020 | Freitag | | | | | | | | 00:00 |
| 16.10.2020 | Freitag | 8:00 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J | | 08:30 |
| 16.10.2020 | Freitag | | | | | | | | 00:00 |
| 16.10.2020 | Freitag | 16:45 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J | | 01:15 |
| 16.10.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. | | 04:00 |
| 16.10.2020 | Freitag | | | | | | | | 00:00 |
| 16.10.2020 | Freitag | | | | | | | | 00:00 |
| 17.10.2020 | Samstag | | | Herbstferien | | | | | 00:00 |
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| 19.10.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. | | 01:30 |
| 19.10.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. | | 02:00 |
| 19.10.2020 | Montag | | | | | | | | 00:00 |
| 20.10.2020 | Dienstag | | | Herbstferien | | | | | 00:00 |
| 20.10.2020 | Dienstag | | | | | | | | 00:00 |
| 20.10.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 02:00 |
| 20.10.2020 | Dienstag | | | | | | | | 00:00 |
| 20.10.2020 | Dienstag | | | | | | | | 00:00 |
| 20.10.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J | | 01:30 |
| 20.10.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:30 |
| 20.10.2020 | Dienstag | | | | | | | | 00:00 |
| 21.10.2020 | Mittwoch | | | Herbstferien | | | | | 00:00 |
| 21.10.2020 | Mittwoch | | | | | | | | 00:00 |
| 21.10.2020 | Mittwoch | 14:00 | 16:30 | Koop. ALS & DJK | Funny Sports | Schüler AG | K/J | | 02:30 |
| 21.10.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. | | 01:00 |
| 21.10.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. | | 01:00 |
| 21.10.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. | | 01:00 |
| 21.10.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. | | 01:30 |

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| 22.10.2020 | Donnerstag | | | Herbstferien | | | | 00:00 |
| 22.10.2020 | Donnerstag | | | | | | 00:00 | |
| 22.10.2020 | Donnerstag | 10:00 | 11:30 | FZ Zapageck e.V. | Tumen | | K/J 01:30 | |
| 22.10.2020 | Donnerstag | | | | | | 00:00 | |
| 22.10.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. 02:00 | |
| 22.10.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. 02:00 | |
| 22.10.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. 02:00 | |
| 23.10.2020 | Freitag | | | Herbstferien | | | | 00:00 |
| 23.10.2020 | Freitag | | | | | | 00:00 | |
| 23.10.2020 | Freitag | | | | | | 00:00 | |
| 23.10.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 23.10.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 23.10.2020 | Freitag | 18:00 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. 04:00 | |
| 23.10.2020 | Freitag | | | | | | 00:00 | |
| 24.10.2020 | Samstag | | | Herbstferien | | | | 00:00 |
| 24.10.2020 | Samstag | | | Halle geschlossen | | | | 00:00 |
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| 25.10.2020 | Sonntag | | | Herbstferien | | | | 00:00 |
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| 26.10.2020 | Montag | | | | | | 00:00 | |
| 26.10.2020 | Montag | 13:30 | 16:00 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J 02:30 | |
| 26.10.2020 | Montag | | | | | | 00:00 | |
| 26.10.2020 | Montag | 16:30 | 18:30 | Sportfreunde Vorst | Fußball | Training | K/J 02:00 | |
| 26.10.2020 | Montag | 18:30 | 20:00 | DJK Holzbüttgen | Floorball | Training | Gem. 01:30 | |
| 26.10.2020 | Montag | 20:00 | 22:00 | DJK Holzbüttgen | Floorball | Training | Erw. 02:00 | |
| 26.10.2020 | Montag | | | | | | 00:00 | |
| 27.10.2020 | Dienstag | | | | | | 00:00 | |
| 27.10.2020 | Dienstag | 9:00 | 11:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 02:00 | |
| 27.10.2020 | Dienstag | 11:30 | 13:30 | Astrid-Lindgren-Schule | Schulsport | | K/J 02:00 | |
| 27.10.2020 | Dienstag | 13:30 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J 03:00 | |
| 27.10.2020 | Dienstag | 17:30 | 19:00 | Sportfreunde Vorst | Aikido | Training | K/J 01:30 | |
| 27.10.2020 | Dienstag | 19:30 | 21:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 01:30 | |
| 27.10.2020 | Dienstag | | | | | | 00:00 | |
| 28.10.2020 | Mittwoch | | | | | | 00:00 | |
| 28.10.2020 | Mittwoch | 8:00 | 13:30 | Astrid-Lindgren-Schule | | | K/J 05:30 | |
| 28.10.2020 | Mittwoch | | | | | | 00:00 | |
| 28.10.2020 | Mittwoch | 13:30 | 16:30 | Ev. Verein für Jug.-/Fam.hilfe | OGS, Betreuung, AG | | K/J 03:00 | |
| 28.10.2020 | Mittwoch | 17:00 | 18:00 | DJK Holzbüttgen | Tumen | Training | Gem. 01:00 | |
| 28.10.2020 | Mittwoch | 18:00 | 19:00 | DJK Holzbüttgen | Gymnastik | Training | Erw. 01:00 | |
| 28.10.2020 | Mittwoch | 19:00 | 20:00 | TV "Gut Heil" Büttgen Vorst | Behindertensport | Training | Erw. 01:00 | |
| 28.10.2020 | Mittwoch | 20:00 | 21:30 | DJK Holzbüttgen | Herzsport | Training | Erw. 01:30 | |
| 29.10.2020 | Donnerstag | | | | | | 00:00 | |
| 29.10.2020 | Donnerstag | | | | | | 00:00 | |
| 29.10.2020 | Donnerstag | 10:45 | 12:45 | Astrid-Lindgren-Schule | Schulsport | | K/J 02:00 | |
| 29.10.2020 | Donnerstag | | | | | | 00:00 | |
| 29.10.2020 | Donnerstag | 16:00 | 18:00 | RSG Kaarst e.V. | Behindertensport | Training | Erw. 02:00 | |
| 29.10.2020 | Donnerstag | 18:00 | 20:00 | DJK Holzbüttgen | Gesundheit/Fitness | Training | Erw. 02:00 | |
| 29.10.2020 | Donnerstag | 20:00 | 22:00 | DJK Holzbüttgen | Volleyball | Training | Erw. 02:00 | |
| 30.10.2020 | Freitag | | | | | | 00:00 | |
| 30.10.2020 | Freitag | | | | | | 00:00 | |
| 30.10.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | Schulsport | | K/J 02:00 | |
| 30.10.2020 | Freitag | | | | | | 00:00 | |
| 30.10.2020 | Freitag | 15:00 | 16:30 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 30.10.2020 | Freitag | 16:30 | 18:00 | DJK Holzbüttgen | Floorball | Training | K/J 01:30 | |
| 30.10.2020 | Freitag | 18:00 | 19:30 | Sportfreunde Vorst | Fußball | Training | K/J 01:30 | |
| 30.10.2020 | Freitag | 19:30 | 22:00 | UTA Kaarst | Volleyball | Training | Erw. 02:30 | |
| 31.10.2020 | Samstag | | | | | | 00:00 | |
| 31.10.2020 | Samstag | | | Halle geschlossen | | | | 00:00 |
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| 22.11.2020 | Sonntag | | | Totensonntag | | | | 00:00 |
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| 23.11.2020 | Montag | 13:30 | 16:00 | OGS Betreuung | | | | 02:30 |
| 23.11.2020 | Montag | | | Halle geschlossen | | | | 00:00 |
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| 24.11.2020 | Dienstag | 11:30 | 16:30 | Schulsport / OGS Betreuung | | | | 05:00 |
| 24.11.2020 | Dienstag | | | Halle geschlossen | | | | 00:00 |
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| 25.11.2020 | Mittwoch | 13:30 | 16:30 | OGS Betreuung | | | | 03:00 |
| 25.11.2020 | Mittwoch | | | Halle geschlossen | | | | 00:00 |
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| 26.11.2020 | Donnerstag | 10:45 | 12:45 | Schulsport | | | | 02:00 |
| 26.11.2020 | Donnerstag | | | Halle geschlossen | | | | 00:00 |
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| 26.11.2020 | Donnerstag | | | | | | | 00:00 |
| 27.11.2020 | Freitag | 10:30 | 12:30 | Sebastianusschule | | | | 02:00 |
| 27.11.2020 | Freitag | | | Halle geschlossen | | | | 00:00 |
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| 30.11.2020 | Montag | 13:30 | 16:00 | OGS Betreuung | | | | 02:30 |
| 30.11.2020 | Montag | | | Halle geschlossen | | | | 00:00 |
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| 22.12.2020 | Dienstag | 11:30 | 16:30 | Schulsport / OGS Betreuung | 05:00 |
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| 25.12.2020 | Freitag | | | Weihnachten | 00:00 |
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| 26.12.2020 | Samstag | | | Weihnachten | 00:00 |
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| 28.12.2020 | Montag | | | Weihnachtsferien | 00:00 |
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